

Australia's first virtual mental health nurse practitioner led clinic
Heal better - Feel better

Request for referral letter

Dear GP,

Your patient has expressed interest in seeing a Mental Health Nurse Practitioner via NPathy, a virtual platform for holistic and comprehensive mental health services.

A Nurse Practitioner in Mental Health can formally assess, investigate, diagnose, prescribe medication, and provide a detailed management plan as well as implement structured psychological therapies and psychosocial interventions.

For a NPathy Nurse Practitioner to collaborate with you, a **simple one-page referral letter** is required. This will enable your patient to access Medicare rebates, subsidised medication under the Pharmaceutical Benefits Scheme (PBS) as well as allow the Nurse Practitioner to send regular updates to you and discuss the patient's case.

You can fax the referral letter for free to 1800 NPATHY (672849) or send securely through Argus.

Please be aware that a Nurse Practitioner will always advocate for a GP to be at the centre of patient care and will communicate any proposed changes to a patient's treatment regime.

NPathy aims to work collaboratively, providing a seamless and timely service with strong continuity of care. NPathy strives to deliver high quality mental health services including diagnostics, psychiatric treatment, and psychological therapies.

Should you have any questions about the service please visit www.npathy.com.au, email hello@npathy.com.au or call 1300 NPATHY (672849).

Warmest regards,

NPathy
Mental Health Nurse Practitioners
